



# SENIOR CENTER NEWSLETTER November 2024 609-371-7192



Dear Friends

**REMINDER: Tuesday, November 5 is Election Day**, for President and Vice

President of the United States, the U.S. Senate, Congress and Mercer County Commissioners. If you **Vote by Mail**, return completed ballot by 8 p.m. November 5 to the local **Dropbox** at the **Police/Court Building at 80 One Mile Road**. **Voting Early in Person** continues thru **Sunday, November 3**, at the **Hickory Corner Library** (138 Hickory Corner Road) or any Mercer County early voting location.

**Lots of New Business here and more to come.**

**Mercedes Salon & Spa**, located in Windsor Center at the intersection of Route 130 and Princeton Hightstown Road, between Yummy Sushi and Trinity Rehab, held a Grand Opening. Mercedes Salon, a 13 year Hightstown business, has relocated with eight employees, joining other Windsor Center businesses Aldi, Staples, Petco, Ross Dress for Less and Retro Fitness.

**Atul Bakery** opened in Towne Center on Route 130 South, between Mattress Firm and Kochi Cuisine. Atul Bakery, founded in India and with headquarters and production facility in Elizabeth, New Jersey, now has six locations in the United States, one in Lowell, Massachusetts and five in New Jersey including North Brunswick and Jersey City. The bakery ocal cake shakes and various snacks including their specialty puffs such as masala, paneer, vegetable cheese and Chinese. Atul Bakery also offers catering services to handle events of any size. Atul Bakery is open seven days a week from 10 A.M to 10 P.M.

**Best Brain Learning Center**, also opened in Towne Center between H&R Block and Hunan House. Best Brains Learning Center was founded in 2011 and opened their first US franchise location in 2013. Best Brains offers a comprehensive selection of programs, in Math, English, Abacus and Coding, for students ages 3 to 14, taught by real teachers with a concept-based approach encouraging learners to improve their academic skills.



**Rising Pharmaceuticals**, a U.S.-based pharmaceutical company will occupy the newly constructed 165,000 Square Foot Building at 330 Wyckoff Mills Road. Rising Pharmaceuticals engages in the development, manufacturing and supply of a diverse portfolio of therapeutic products worldwide. The company has approximately 300 employees worldwide with headquarters in East Brunswick, and manufacturing facilities in Illinois and India, will initially have 50 employees. Rising Pharma will be joining many other prominent high-tech pharmaceutical companies in East Windsor.

East Windsor will participate in **Womanspace "Communities of Light,"** geared to raise funds for Womanspace and to raise public awareness about the important subject of domestic violence in our communities and the availability of resources for victims. Participate by purchasing candle kits for \$10 at the Police/Court Building and gathering with local officials on **Monday, December 2 at 5 P.M.** to light up the Municipal Building.

*Mayor Janice S. Mironou*



Adobe Stock | #94673885



## November Newsletter

**Program sign up begins IN-PERSON  
Friday, November 1 @ 8:45 am**

Program Sign Up sheet can be found  
in a separate email and in the  
lobby of the senior center.

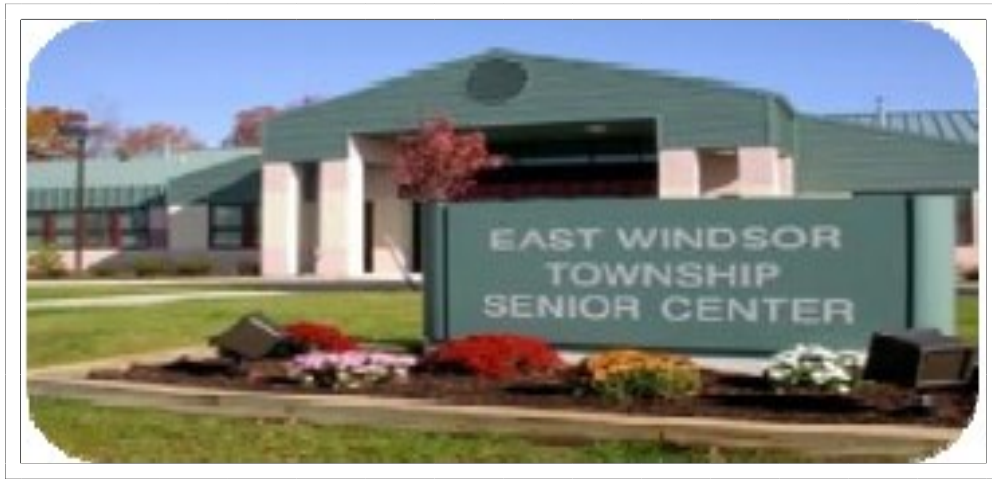
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## TRIPS SIGN UP

**November 1, 4, 5**  
(deadline on the 5th by 12:00 pm)

### **FYI**

There will be no trips scheduled in January



The East Windsor Senior Center is dedicated to helping residents age 60+ reach their full potential to ensure a lifelong continuum with a focus on program participation that fosters a productive life in the community.

The center offers members a broad range of services, including presentations, classes, health screenings, lectures, nutrition program, trips, special events, activities, and links to county and state resources. The center is open Monday through Friday from 8:00 am until 4:00 pm.

There are many exciting things planned for the upcoming months and years ahead, building on the foundation that is already in place, helping you to stay healthy, vibrant, and entertained.

Join us, make new friends, meet old friends, and learn how to maintain your health, independence, and overall wellness.



East Windsor Township Senior Center  
40 Lanning Boulevard  
East Windsor, NJ 08520  
(609) 371-7192  
Email: [seniorcenter@east-windsor.nj.us](mailto:seniorcenter@east-windsor.nj.us)

**Kelly Roman**  
Senior Center Director  
**Rebecca Liming**  
Program Coordinator



**Janice S. Mironov, Mayor**  
David Russell, *Deputy Mayor*  
Denise Daniels, *Council Member*  
Anthony Katawick, *Council Member*  
Marc Lippman, *Council Member*  
Johnnie Whittington, *Council Member*  
John Zoller, *Council Member*

# Township Information



**Township offices will be closed,  
Thursday, November 28  
Friday, November 29**



**VETERANS DAY**



**HONORING ALL WHO SERVED**

## Are you signed up for Nixel?

Nixle communications system enables immediate text messages to **registered** cell phones and email addresses, to alert residents and businesses about safety and health subjects, such as severe weather conditions, traffic disruptions, road closures, flooding conditions, power outages, and important public health notices as well as other significant community updates and announcements.

<https://www.east-windsor.nj.us/nixle>

## E-News Updates

**IMPORTANT: Residents Are Encouraged to Register and Urge Other Residents to Register to Receive E-News Updates.** E-News is used for alert communications in significant weather and service impacted situations, as well as generally weekly to provide information on new businesses and stores, roadway projects, grants, special events and other subjects of public interest. ([CLICK HERE](#)) or visit the East Windsor Township website at [www.east-windsor.nj.us](http://www.east-windsor.nj.us) to register for E-News. East Windsor officials seek to expand resident subscribers. **PLEASE SEND THIS E-NEWS INFORMATION TO YOUR EAST WINDSOR FRIENDS AND FAMILY ENCOURAGING THEM TO SIGN-UP**

<https://www.east-windsor.nj.us/e-news>

# Community Bus



## 50 cents round trip

The Senior Center community bus is back on the road. We have enhanced our cleaning efforts to include daily disinfecting. Masks are optional while on the bus. We follow NJTransit and CDC Guidelines while on the bus. Eating and drinking are prohibited.

Shopping locations include Shop Rite, Walmart, Target, Dollar Store...  
Doctor appointments must be located within East Windsor or Hightstown.

**Please call the senior center to reserve your seat.**

### **Monday and Wednesday**

Hightstown area 8:30 am  
Windsor Crossing area 8:45 am  
Twin Rivers 9:15 am

### **Tuesday and Thursday**

The Orchard 8:45 am  
Wheaton Point 9:00 am  
The Woods 9:00 am  
East Windsor side of Rt.130 9:10 am  
(Dutch Neck, One Mile Rd, Hickory Corner Rd...)  
St. James 9:30

**Our Bus is not only used for shopping but also for trips.  
Please understand the above schedule is subject to change.**

## **TRIPS**

- ◆ Everyone must ride the bus “round-trip.” No exceptions.
- ◆ Straying from the group outside the location of the trip is not allowed.
- ◆ Do not ask the bus driver to go to additional locations.
- ◆ See each trip description for cost.
- ◆ Masks are optional while on the bus. .
- ◆ Please call the senior center to sign up 609-371-7192

# November Trips



## Antique Shopping Burlington, NJ

Wednesday, November 6

**Departure Time:** 10:30am

**Return Time:** 2:30pm approx.

Historic Burlington Antiques  
and Emporium 424 High St.

Antiques Market on High  
407 High St.

**Community Bus:** 50 cents  
given to driver on day of trip



A lot of walking

Stairs

Pay for lunch on your own at local  
eateries within walking distance



Wednesday,  
November 13

**Depart:** 9:30am

**Return:** 3:00pm : Approx

Sixty years since it debuted on Broadway, *Fiddler on the Roof* remains a worldwide phenomenon and one of the most celebrated musicals of all time.

*Fiddler* retells the story of a Jewish family, holding strong to its traditions and faith in the face of changing times and the anti-Semitism of czarist Russia. Based on the stories of Sholem Aleichem and written by songwriters Jerry Bock and Sheldon Harnick and book writer, Joseph Stein, *Fiddler's* universal theme of tradition cuts across barriers of race, class, nationality and religion.



**This Trip is Full**



**Date:** Friday,  
November 15

**Departure Time:**  
10:15am

**Return Time:** 3:30pm  
approx.

**Community Bus:** 50  
cents given to driver on  
day of trip

## Menlo Park Mall - Edison

Monday, November 18

**Depart:** 10:00am

**Return:** 2:00pm

**Community Bus:** 50 cents  
given to driver on day of trip

**This Trip is Full**

**This Trip is Full**

# December Trips



**Date:** Friday, December 6  
**Depart Time:** 9:00am  
**Return Time:** 3:00pm approx.

**Community Bus:** 50 cents given to driver on day of trip



**Date:** Friday, December 13  
**Depart from Senior Center:** 9:00 am sharp  
**Depart from AC:** 5:00 pm  
**Return:** 7:00 pm approx.

Coach Bus  
**Cost:** \$35.00 exact cash or check

Slot Play \$ is given on arrival.  
Senior Center has no control over the amount the casinos give.



## New Years at Noon

The Shore Club  
Spring Lake, NJ

**Date:** Tuesday, December 31  
**Depart Time:** 11:30am  
**Return Time:** 6:00pm approx.  
**Cost:** \$80.00 exact cash or check

The Mike Byrne Allstar Show Band presents an unforgettable celebration to say good-bye to 2024.

The celebration will include music, Comedian, Ball Drop, party favors, feasting, drinking, dancing, and laughter.

**Community Bus:** 50 cents given to driver

### Menu

- ◆ One Hour Open Bar
- ◆ Fresh Garden Salad
- ◆ Choice of Soup
- ◆ Sirloin of Beef
- ◆ Chicken Kiev
- ◆ Herbal Salmon
- ◆ Dessert—Coffee—Tea
- ◆ Wine & Soda during lunch



# December Trips



**Date:** Saturday, December 21  
**Depart Time:** 12:10pm  
**Show Time:** 1:00pm  
**Return Time:** 3:30pm approx.

**Cost:** \$22.00 exact cash or check  
**Community Bus:** 50 cents given to driver on day of trip

Get ready to experience the ultimate holiday celebration like never before at *The Kelsey Holiday Extravaganza (Remixed)* coming to Kelsey Theatre for three days this December!

Dive in as Off-Centre Stages presents an electrifying concert-style show that brings together the magic of the season. From the heartwarming melodies of Christmas to the vibrant tunes of Hanukkah and beyond, our lineup of sensational singers will deliver an unforgettable mix of classic and modern holiday hits that will have you dancing and singing along! G



**In preparation of Winter weather...**

There will be no trips in January.  
February will have minimal trips.

# Things to do...No sign up required

Visit our **Stationary Equipment Room**

**Hours: 8:30 am - 3:30 pm M-F**

**There will be an attendant in the room to assist and answer any question you may have.**



- ◆ Stationary Bikes
- ◆ Treadmills
- ◆ Elipticals
- ◆ Rower



**Sneakers are required to use the equipment**



## Game Room

Pool Tables  
Ping Pong  
Bridge and Card Games  
Board Games  
Puzzles

Monday thru Thursday  
9:30 am - 11:30  
No Bingo on Friday

BINGO				
1	27	33	48	75
8	19	45	56	61
3	18	FREE SPACE	49	69
15	26	41	53	66
2	21	37	46	65



**Bridge Club**  
Tuesdays  
1:00 pm



**Chess Club**  
Every Wednesday  
1:00 pm



## Computer Room

The computer Room has 8 new computers. These computers are first come, first served.



**Our Library**  
We accept book donations

# Tutoring



## iPhone 101 1-Hour Private Sessions

Wednesday's by  
appointment only

Are there features on your cell phone you  
don't know how to use?

- ◆ Texting
- ◆ Using Apps
- ◆ Retrieving email
- ◆ Using camera and video
- ◆ Using the internet
- ◆ Playing games
- ◆ Changing settings
- ◆ Installing updates
- ◆ Setting alarm/using calculator
- ....and so much more.



## Android 101 30 Minute Private Sessions

Thursday's by  
appointment only

Are there features on your cell phone you  
don't know how to use?

- ◆ Texting
- ◆ Using Apps
- ◆ Retrieving email
- ◆ Using camera and video
- ◆ Using the internet
- ◆ Playing games
- ◆ Changing settings
- ◆ Installing updates
- ◆ Setting alarm/using calculator
- ....and so much more.

## iPad / iPhone / Computer One-On-One Tutoring 30-Minute Private Sessions



Monday's  
by appointment only

- ◆ Are you limited on your iPad or cell phone because you only know how to use a few things?
- ◆ Are you a beginner with no or little experience using a computer?
- ◆ Have you never used a computer?
- ◆ Do you need help with email?
- ◆ Do you need help changing the settings?

Ask the tutor!



It is very important to  
keep your appointment  
time or please call to  
cancel.

If you are a "No Show,"  
please keep in mind that  
the volunteer is here  
waiting for you.

# Parties Sign up Required



## **Veterans Day Luncheon** (for Veterans only)

**Monday, November 11 @ 12:15pm**

**Followed by Fred Miller's  
America at War Show @ 1pm**

### **Menu**

- ◆ Selection of Wraps
- ◆ Potato Salad
- ◆ Pasta Salad
- ◆ Cookies

**RSVP by Thursday, November 7**



## **Thanksgiving Luncheon**

**Friday, November 22  
12:00pm - 2:00pm**

**IMPORTANT — RSVP by Tuesday, November 12**

## *Songs of Yesterday*

with Tomardo

Monday, November 4  
1:00pm –2:00pm

“Tomardo” is a full-time musician carrying on the tradition of legendary entertainers with a style and charm uniquely his own. He performs at casinos, on cruise ships, in restaurants, and for countless private & corporate events from NJ to Florida!

Enjoy an afternoon going back in time with Frank Sinatra, Dean Martin, Frankie Valli, Barry Manilow, The Beatles, and so much more.

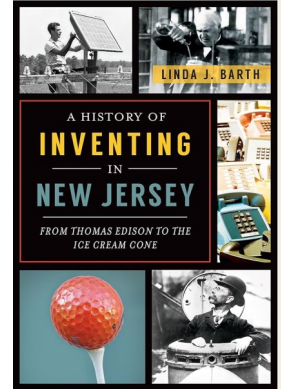


## New Jersey Inventions Linda Barth

Friday, November 15  
1:00pm

Noted author and New Jersey historian Linda Barth talks about The Garden State's Inventions.

Linda Barth highlights numerous New Jersey inventors and their creations that put the state in the vanguard of innovation. She cites Thomas Edison, Bell Labs, Les Paul's electric guitar, laser technology, condensed soup, the modern submarine, Band-Aids, movies, drive-in theaters, color television, vacuum cleaners, air conditioning, boardwalks, ice cream cones, bar codes, and many more groundbreaking, useful, fun, and even silly inventions.



## America at War Fred Miller

Monday, November 11  
1:00pm

AMERICA AT WAR is an invigorating march down the American timeline all the way back to the country's origins, dramatizing how important Popular Song has been to the success of the wars we have had to wage in our 200+ year history.

Songs that every American child used to know and should still know; Yankee Doodle, The Star Spangled Banner, The Marines Hymn, Rally 'Round the Flag, The Bonnie Blue Flag....

the twentieth century, the countless inspirational, often humorous, always poignant songs of two World Wars including those of George M. Cohan and Irving Berlin; and even into contemporary times with the songs that have **braced** Americans during both the Gulf War and currently in the ongoing war that began on September 11th.

War is an ugly but necessary hardship to endure as the price for a civilized, free life, now and always. The songs sung in wartime have done as much or more than anything to fortify our brave Armed Forces and the American public waiting safely back at home.



# Interactive Programs sign up required



**Tuesday,  
November 19 @10:30am**

Video shown during the discussion:

*Is the World Getting Better or Worse?*  
By Steven Pinker



**Bingo with Kat**

**Tuesday, November 12  
@ 1pm**



**Magic Club**

**Every Wednesday  
12:30pm**

Club Instructor;  
George Hann



**Monday,  
November 18  
2:00pm**

## Discussion Topics:

1. Is the United States winning the war on drugs? Supporters claim successes in reducing trafficking and crime through strict law enforcement and public awareness. However, critics argue that these efforts have led to mass incarceration and ongoing addiction issues, disproportionately affecting minority communities. What is your opinion on this matter?

2. The Surgeon General has called on Congress to require warning labels on Social Media platforms, similar to those on cigarette packages. Proponents argue that such labels can raise awareness and promote informed use, while opponents contend that they may be ineffective, represent governmental overreach, and place undue responsibility on tech companies instead of individuals. What do you think?



**Thursday, November 14  
10:00am-11:00am**

Bring 1-2 pages of your own work to read and discuss with other writers or create a writing based on the following prompt: "Take a New Turn.."

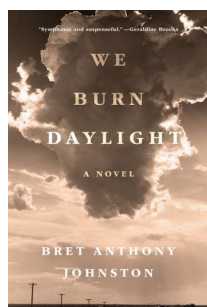
Writing Instructor: Nancy Cathers Demme

## Book Club

**Thursday, November 21  
10:30 am - 11:30 am**

**Book:** *We Burn Daylight*  
By Bret Anthony Johnston

**Facilitator:**  
Sharon Galbraith Ryer  
Hickory Corner Library



**PUZZLES  
COLORING  
BRAIN GAMES**

**EVERY MONDAY  
@ 1:00PM**

14

# Social Gatherings - Sign Up Required



## Coin and Stamp Club



**Tuesday, November 12**  
@ 2:15pm

Do you collect coins? Stamps?  
Join John Guarniere as he will lead the



**Pin Cushion Corner**  
Every Tuesday  
@ 1:00 pm

Bring your knitting, crochet projects, or needle-point and socialize with others while working on your project.

**SIGN UP REQUIRED**

## “Dine Around”

Let's meet for lunch once a month. We will choose a local eatery for you to enjoy with members of the senior center.

Wednesday, November 20  
@ 12:30 pm

Robbinsville Bar and Grill  
1380 Rt. 130  
Windsor



**This is a pay on your own event.**  
**SIGN UP REQUIRED**

**Crafts with Patti**  
Gratitude Greeting Cards

Thursday, November 14  
1:00PM



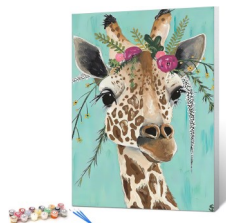
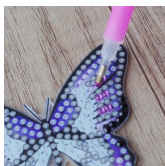
This card is only an example.  
Not the actual card.



**Diamond Art**  
and  
**Paint by Numbers**

**Every Friday @ 10:30AM in the Art Room**

You can purchase your own Diamond Art and/or Adult Paint by Numbers on Amazon. Be sure and choose acrylic paint, not oil. Walmart and Michaels also has a nice selection.



**Afternoon**  
**Coffee & Chat**  
**@ the Senior**  
**Center**

Tuesday, November 19  
2:00pm

# Presentations Sign Up Required

## Museum Tours

Thursday,  
November 7  
10:30am



Did you know many of the world's leading museums have been making their collections and exhibits available to view virtually?

In this lecture we'll explore some of these virtual galleries, as well as digital tools that help bring art, architecture, and history to life!



## Awareness to Action

### Understanding the Risks of Colon Cancer and Strategies for Early Detection

Thursday, November 14  
10:30am

Come listen to Vasudha Dhar, M.D. discuss Colon Cancer and strategies for detection and prevention in an informative, insightful and easy to understand presentation.

Dr. Dhar is a Gastroenterologist based in East Windsor, NJ with strong academic credentials. She received her Fellowship in Hepatology & Gastroenterology from the University of Southern California (USC) and her advanced training in Interventional Gastroenterology from Columbia University. She served as Assistant Professor of Medicine at Columbia University for 7 years before moving to East Windsor, NJ to practice medicine in the local community. Dr. Dhar has been a resident in the local area for the last 12 years.

Presenter,  
Dr. Dhar, MD

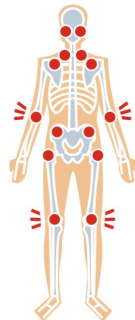


Friday, November 8  
10:30am

### MOST COMMON & SERIOUS TYPES OF ARTHRITIS



OSTEOARTHRITIS



RHEUMATOID ARTHRITIS



GOUT



LUPUS

FIBROMYALGIA



Monday,  
November 18  
10:30am

Discover the many methods to Pain Management.





# Presentations

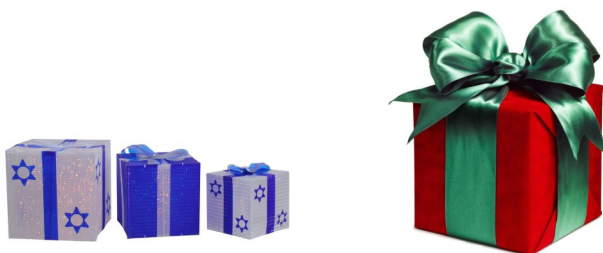


- ◆ Please make every effort to be on time for presentations.
- ◆ If possible, call to cancel.
- ◆ If you are having lunch at 11:30 and you are in a presentation, please DO NOT tell the presenter to finish by a certain time. The presenter is there to present to the **entire** audience and will not be cutting the presentation short.
- ◆ Quietly leave the room at your desired time if you are going to lunch.

## Coming in December

### Holiday Gift Wrap Event

Let us wrap your Holiday Gifts here at the Senior Center



### Holiday Cookie Exchange

Please see front desk if your are interested in participating.



**MEDICARE HEALTH INSURANCE**

Name/Nombre  
**JOHN L SMITH**

Medicare Number/Numero de Medicare  
**1EG4-TE5-MK72**

Enrolled in/Enrolled en  
**HOSPITAL (PART A)** Coverage starts/Comienza en/empieza  
**03-01-2016**

**MEDICAL (PART B)** Coverage starts/Comienza en/empieza  
**03-01-2016**

# Medicare Counselor

## Medicare Open Enrollment is here!

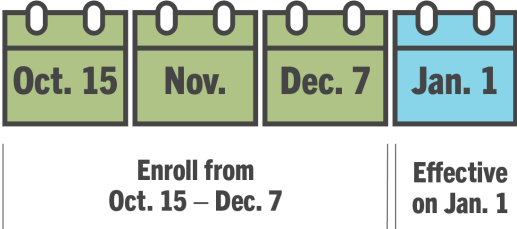


**We have experienced Medicare Counselors that will meet with you one-on-one, privately, here at our senior center.**

Now is the time to compare your current coverage to all your choices for 2024 and select the plan that best fits your needs and budget. Medicare’s Open Enrollment period gives everyone with Medicare the opportunity to make changes to their prescription drug plans or health plans for coverage beginning January 1, 2024. But don’t delay, the Open Enrollment period begins October 15 and ends on December 7.

### Annual Enrollment Period

Review all your Medicare coverage options to make sure you have the plan that’s right for you.



To schedule a November appointment,  
See front desk

## Screenings / Appointment Needed



Wednesday, November 13  
Appointment needed



### Blood Glucose Screening

Wednesday,  
November 6  
Fast for 2-hours

Appointment needed



### Hearing Screening



Wednesday,  
November 20

Appointment needed

# Exercise Classes



**IMPORTANT  
UPDATE**

**Class Schedule has been updated...  
Beginning December 2, 2024**

Please visit the front desk or front table for a description of classes

## **Monday:**

8:30a Cardio with Helen  
9:30a Line Dance with Marcia  
11:30a Cardio with Doreen

## **Tuesday:**

8:30a Chair/Stretch with Mark  
9:30a Muscle Strength with Val  
11:30a Cardio with Linda  
1:30p Tai-Chi with June  
2:45p Chair Yoga with Ed

## **Wednesday:**

8:30a Balance With Mark  
9:30a Zumba With Marcia  
1:30p Cardio With Mark  
2:30p Drums Alive W Mark  
3:10p Drums Alive W Mark

## **Thursday:**

9:30a Balance with Mark  
11:30a Meditation with Ed  
1:30p Cardio with Doreen  
2:45p Yoga Sculpt with Ed

## **Friday:**

9:30a Chair/Stretch with Linda



**Don't forget about our Stationary Exercise Equipment Room!**



# Word Search

Name: \_\_\_\_\_ Date: \_\_\_\_\_

## Veterans Day Word Search



AIR FORCE  
AMERICAN  
ARMISTICE  
BRAVE  
COURAGE  
DUTY  
HERO  
HONOR  
MARINE

MEDAL  
MEMORIAL  
MILITARY  
NAVY  
NOVEMBER  
PARADE  
PATRIOT  
PEACE  
PRIDE

SACRIFICE  
SERVICE  
SOLDIERS  
THANKS  
TRIBUTE  
VETERANS

# Word Search

## THANKSGIVING WORD SEARCH



Y C T G S V K L Q A U B H U M R Z X X Z C Y R  
E B N S R X P U F X I Y E K R U T I P H R L F  
M K N B A A J R J H P P H B C N T W L A M O S  
Z U O J X E T A W U G G O G M P E T Y R B D V  
A B V V Q I F I M T N B A C L B Y Z G V T Y W  
N W E U M W N P T I O T D A U T X N B E E H H  
W B M C Y E K D V U H G B L S N I Y M S O K T  
T K B Q P I P I I E D H N I K F R C T T N J T  
D Y E S N M G U R A H E A D F W Z O F E V M N  
Q Z R P P S F G R G N M I U J V Z Q C E F O M  
R U I D K A B R K W A S T Q Z Q M L M A I T F  
T E C N K L S E I Y F S G S T Z D R M T X I Q  
W I A O N B T T U J H Z I X O W L I I W D Q I  
A H S E O T A T O P T E E W S B L D R N K A D  
T G F S M I R G L I P O G E C Y A R E N U H K  
X C R A N B E R R Y U X H V H R Z H L R U F G  
B Q N T O S V G E O L V U Y T K V Q F O X C Q  
B G R E G N Y L B L E S S I N G S N J C U Y A

Blessings	Family	Harvest	Pumpkin Pie	Tradition
Corn	Feast	Indians	Stuffing	Turkey
Cornucopia	Gather	November	Sweet Potatoes	
Cranberry	Gratitude	Pilgrims	Thanksgiving	

# Senior Resources



Mercer County Social Services	(609) 989-4346
Adult Protective Services	(609) 599-1246
Catholic Charities	(609) 443-4000
East Windsor Township	(609) 393-9922
Interfaith Caregivers of Greater Mercer County	(609) 987-8100
Jewish Family & Children's Services	(609) 599-5357
LIFE St. Francis	(609) 695-3483
Meals on Wheels of Mercer County	(609) 989-4320
Mercer County Board of Social Services	(609) 890-9800
Mercer County Connection	(609) 989-6671
Mercer County Consumer Affairs	(609) 695-6249
Mercer County Legal Services for the Elderly	
Mercer County Office on Aging and Aging & Disability Resource Connection	(609) 989-6661
Mercer County Surrogate	(609) 989-6336
Mercer County Veteran Services	(609) 989-6120
NJ Division of Deaf and Hard of Hearing	(800) 792-8339
NJ Foundation for Aging	(609) 421-0206
PAAD, Lifeline & Senior Gold Hotline	(800) 792-9745
Ride Provide	(609) 452-5144
Route 130 Connection Bus	(609) 989-6827
Jewish Family Services / Secure at Home	(609) 987-8121
Senior Dental Association	(732) 821-9400
TRADE Transportation	(609) 530-1971
Visiting Angels of Central Mercer County	(609) 883-8188
Windsor-Hightstown Area Ministerium	(609) 448-0103

## Helpful Township Websites

**Sign up for Township Municipal E-News and Special Events:**

<https://www.east-windsor.nj.us/e-news>

**To receive important township notifications:**

<https://www.east-windsor.nj.us/nixle>

**Spotlight East Windsor:**

<https://www.east-windsor.nj.us/spotlight-east-windsor>

**Pay Taxes Online:**

<https://www.east-windsor.nj.us/pay-a-tax-bill>

